SPHE Senior Cycle RSE Scheme of Work

Please find below details relating to RSE for students. It contains information for parents regarding the workshops which will be provided to all students in the year groups by teachers in the school.

5th Year RSE Curriculum - **Focus on Consent and Personal Safety**

Lesson 1	**The YES Project** **Sexual Identity and Relationships**
Lesson 2	The YES Project Communicating Consent
Lesson 3	The YES Project Wider Influences and Decision Making
Lesson 4	Personal Safety Resource Pack from PDST - 1 Anger and Conflict
Lesson 5	Personal Safety Resource Pack from PDST - 2 Anger and Violence
Lesson 6	Personal Safety Resource Pack from PDST - 3 Managing Conflict in a non violent manner

6th Year RSE Curriculum

Lesson 1	**Personal Safety Resource Pack from PDST - 4 Domestic Violence**
Lesson 2	Personal Safety Resource Pack from PDST - 5 Sexual harassment
Lesson 3	Sexual Violence and Harassment: How to Support Yourself and Your Peers E Learning Module
Lesson 4	Contraception
Lesson 5	Sexually Transmitted Infections
Lesson 6	Lets talk about Porn